



Pelion to Kia Ora

Palawa country

3 hrs to 4 hrs

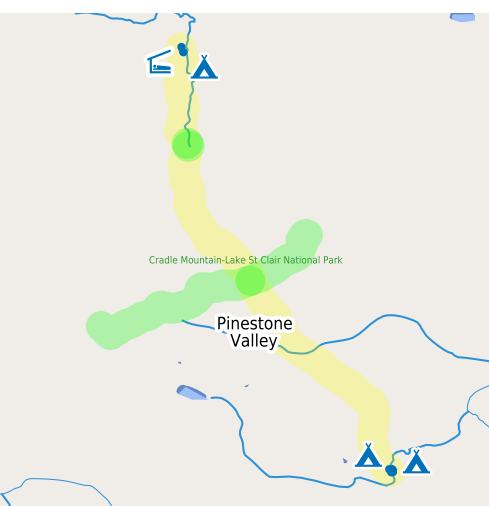
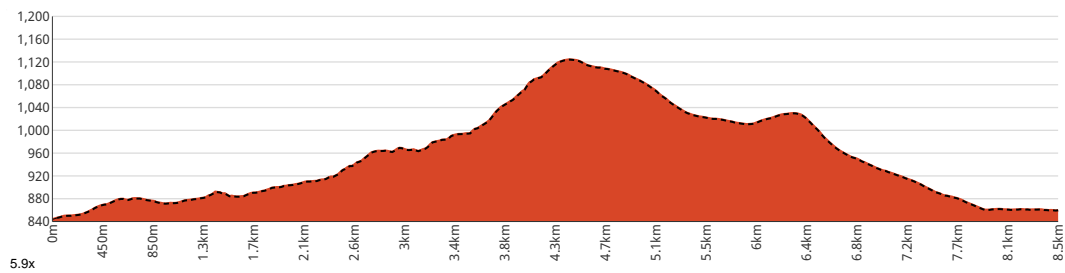
8.5km
one-way

↑ 335m
↓ 335m

5
Very challenging



Starting from Pelion Hut this walk gently climbs through the rainforest to Pelion Gap saddle with some very short side trips to some lovely cascades. If you have spare time and favourable weather you can opt for the side trip to Mt Ossa or Mt Pelion East. From the gap wander down through Pinestone Valley with stunning views of Cathedral Mountain to your left, before reaching the peaceful and sheltered Kia Ora hut, camping area and cascades.



Class: 5/6, Very challenging	
Quality of track	Rough track, where fallen trees and other obstacles are likely (4/6)
Gradient	Very steep (4/6)
Signage	Clearly signposted (2/6)
Infrastructure	Limited facilities, not all cliffs are fenced (3/6)
Experience Required	Some bushwalking experience recommended (3/6)
Weather	Forecasted & unexpected severe weather likely to have an impact on your navigation and safety (5/6)

- Getting there** : From Sheffield Road, Acacia Hills, head south-east along Nook Road;
- After 5.2km, (at the end of Nook Road) turn right on to West Nook Road.
 - After another 6.4km, turn right on to West Nook Road.
 - After another 950m, turn left on to Main Street.
 - After another 1.3km, turn right on to Claude Road.
 - After another 16.4km, continue straight along Cethana Road Mount Roland.
 - After another 1.2km, turn left on to Olivers Road.
 - After another 21.1km, (at the end of Olivers Road) turn right on to Mersey Forest Road Mersey Forest.
 - After another 31.4km, turn right on to Lees Paddocks Track Mersey Forest.
 - After another 7.7km, turn sharp right on to Lees Paddocks Track Mersey Forest.
 - After another 5.2km, come to the trackhead on Lees Paddocks Track.

Before you start ensure you;

- Tell someone you trust where you are going and what to do if you are late returning
- Have the equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures, fire dangers and foreseeable risks
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

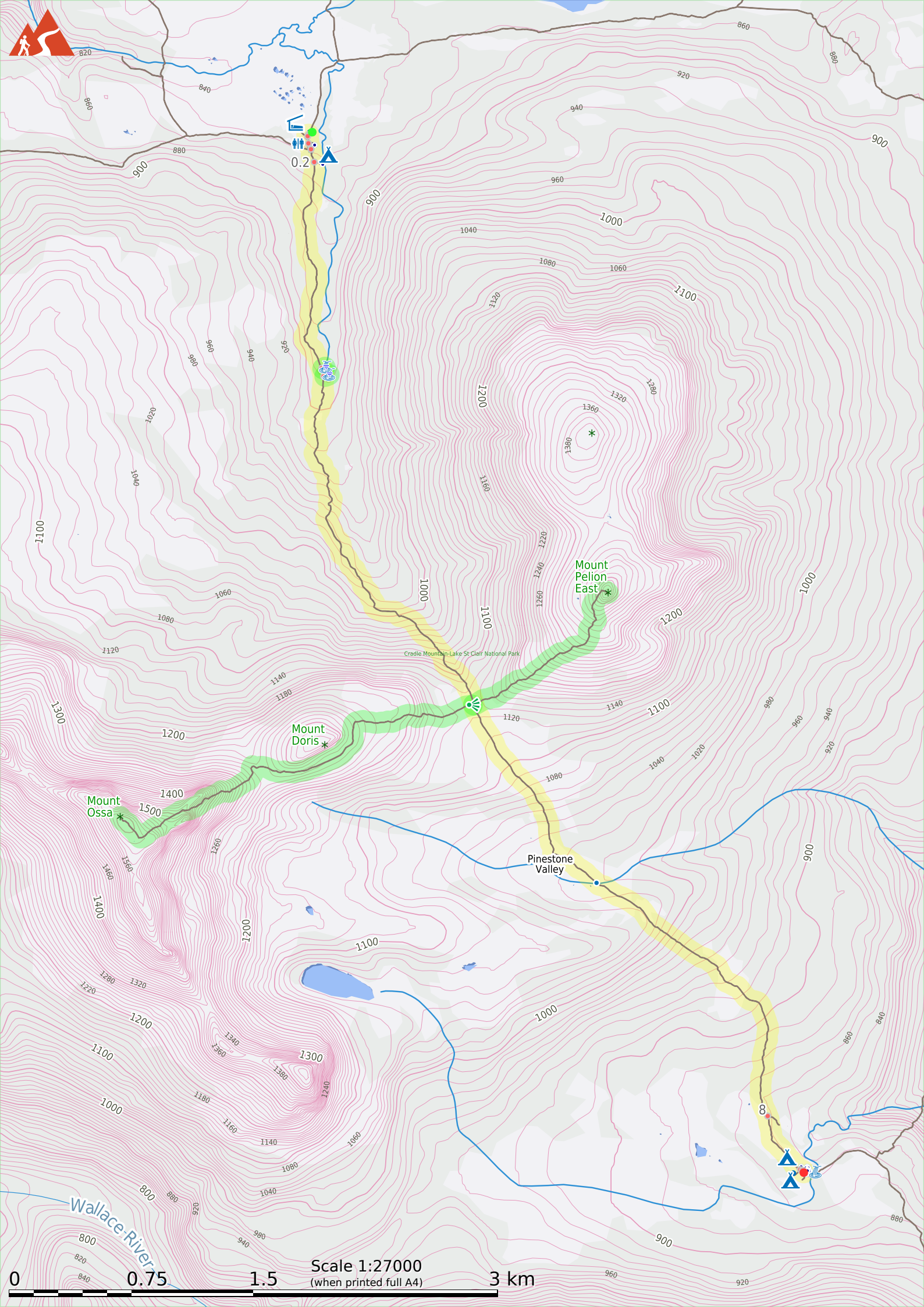
If not, postpone or change plans and stay safe. Ask people for help.

Bushwalking can be fun, but it is also inherently dangerous. The information provided here is general in nature and does not account for your specific circumstances. It is your responsibility to evaluate your situation, prepare appropriately, and manage any risks, errors, omissions, or unforeseen challenges. The authors and publishers accept no responsibility or liability for any inconvenience, loss, or injury arising from the use of this information.

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0.2

0.8

Scale 1:27000
(when printed full A4)



Wallace River

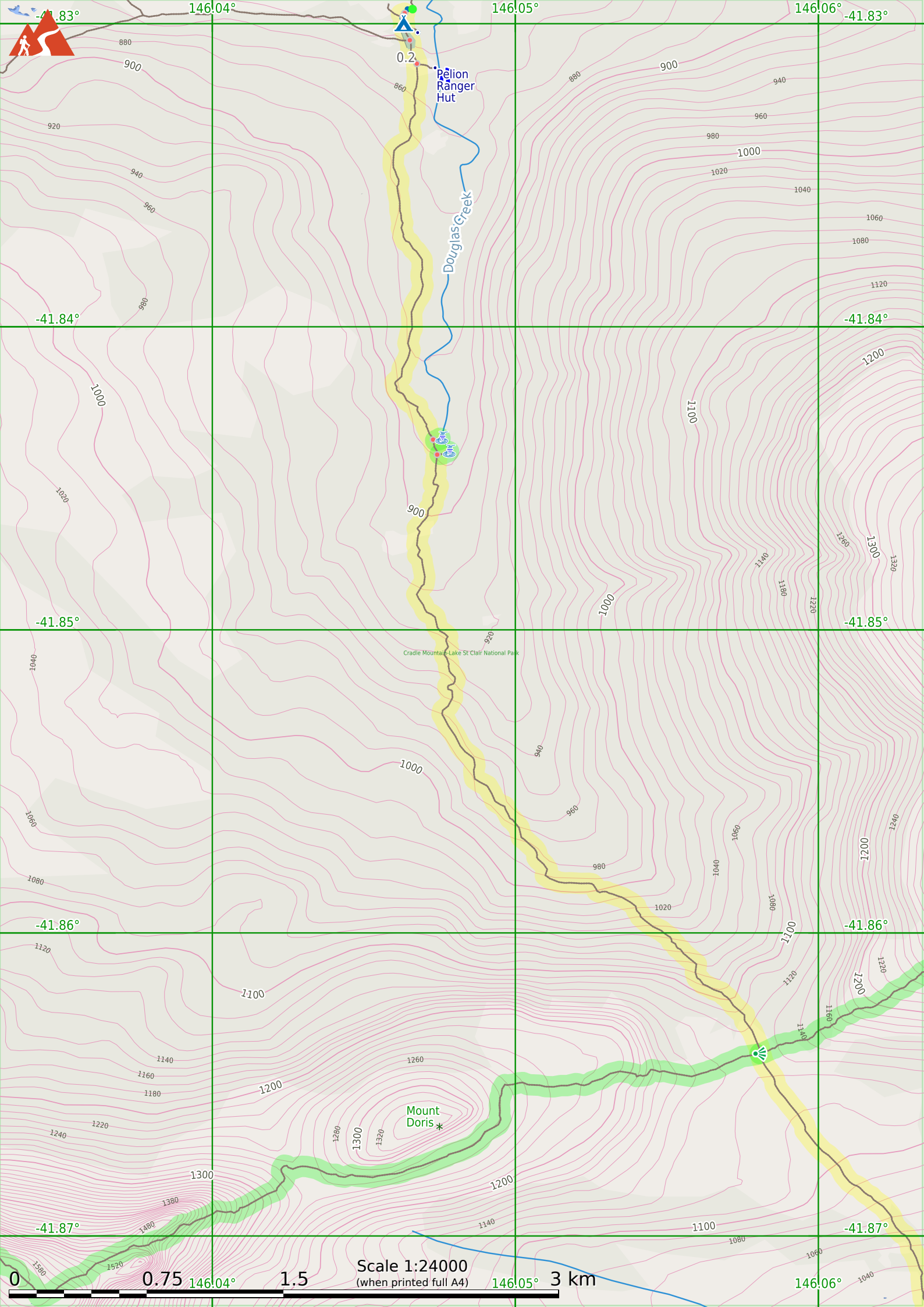
Credic Mountain-Lake St Clair National Park

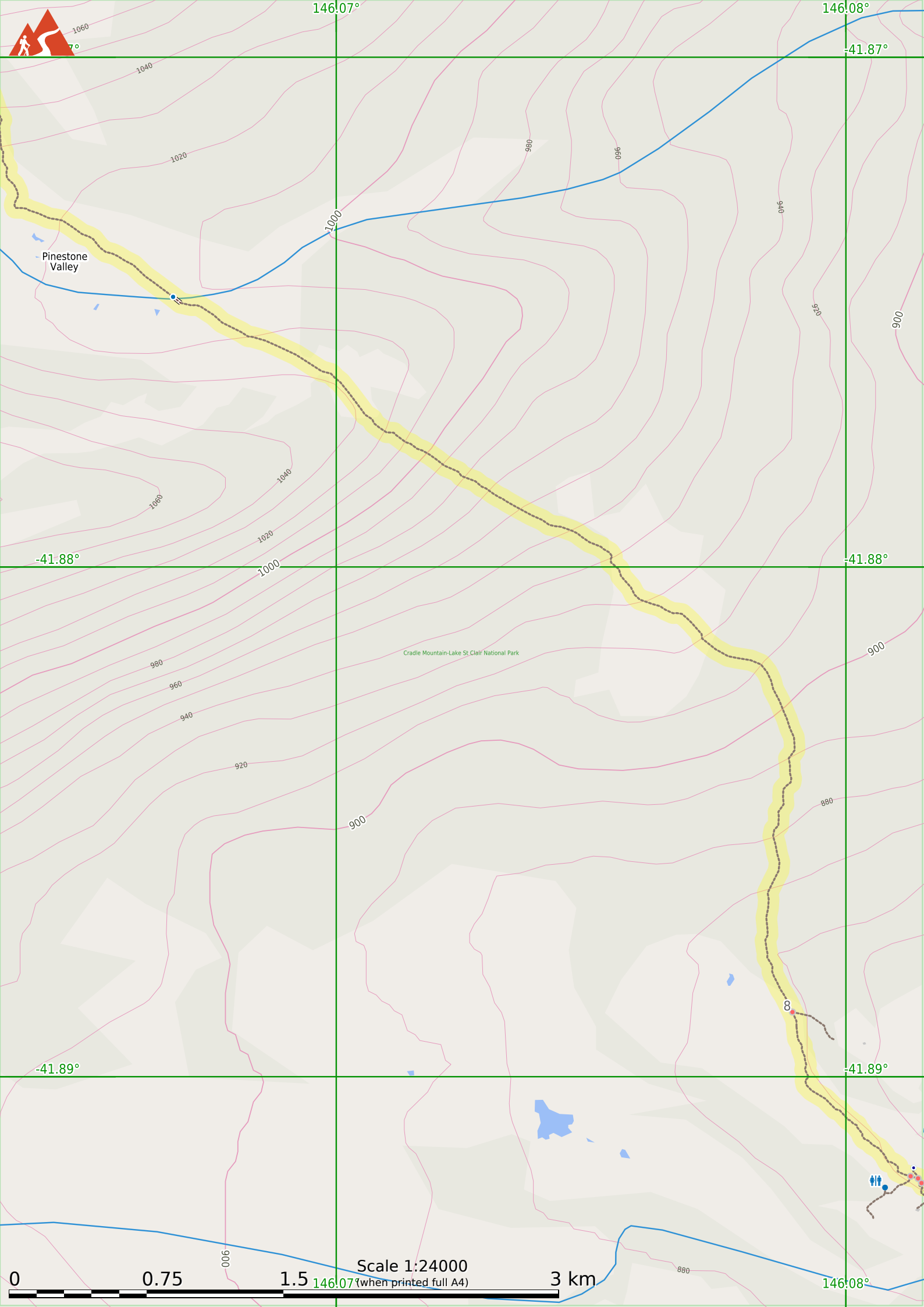
Mount Ossa *

Mount Doris *

Mount Pelion East *

Pinestone Valley

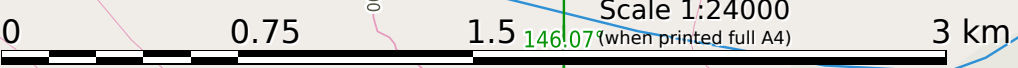




Pinestone Valley

Cradle Mountain-Lake St Clair National Park

Scale 1:24000



146.07 (when printed full A4)

146.08

-41.88°

-41.88°

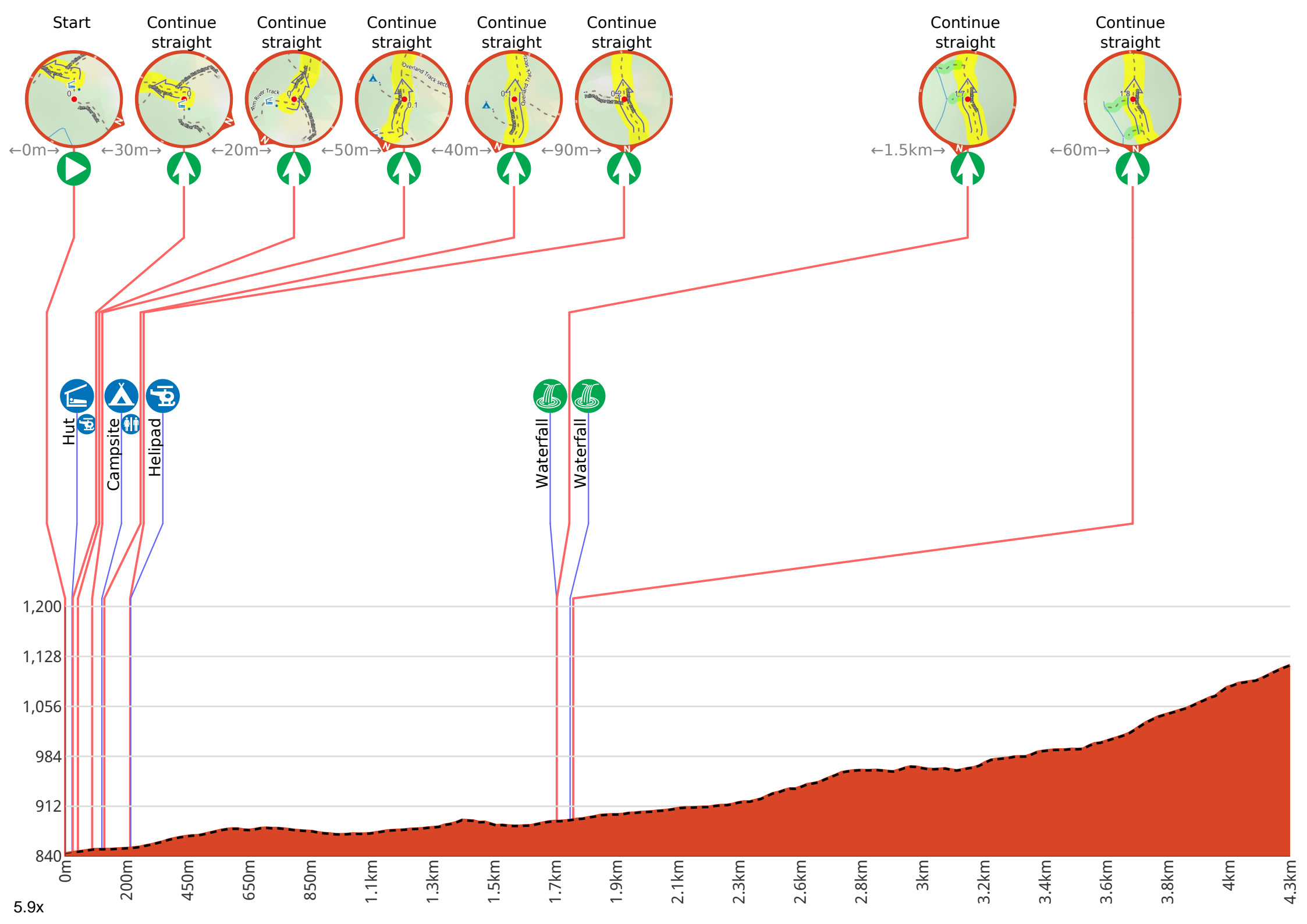
-41.89°

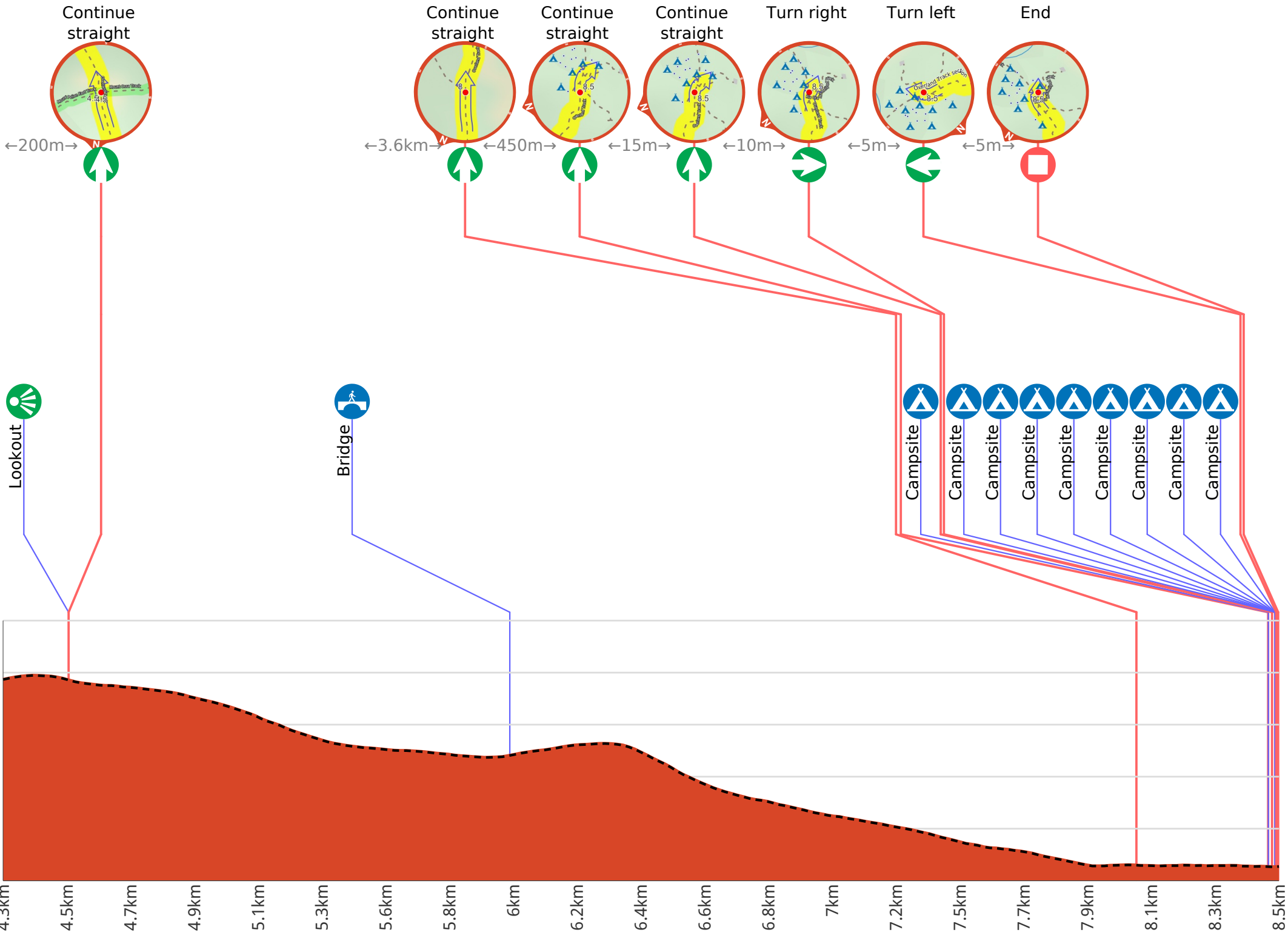
-41.89°

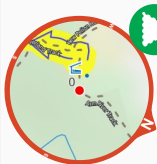
-41.87°

146.07°

146.08°



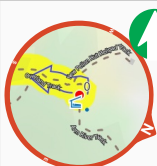




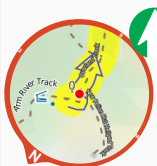
Start (from New Pelion Hut) by heading south-west along the Arm River Track.



After another 20m you will find the *New Pelion Hut*. There is a helipad here.



Then (at the 3-way intersection, with & Overland Track) **continue straight**, to follow the Overland Track.



Then (at the 3-way intersection) **continue straight**, to stay on the Overland Track.



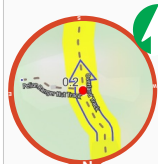
After another 40m, (at the 3-way intersection) **continue straight**, to stay on the Overland Track.



After another 30m you will find the *New Pelion Hut Group Campsite* (30m on the left). parks.tas.gov.au
There is a toilet here.



Then (at the 3-way intersection) **continue straight**, to stay on the Overland Track.



After another 90m, (at the 3-way intersection) **continue straight**, to stay on the Overland Track.



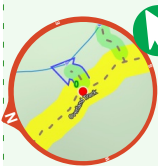
Then almost immediately you will find the *Pelion Ranger Hut Helipad*, (20m on the left).



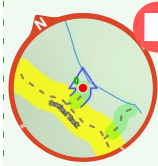
After another 1.5km, pass a waterfall (30m on the left).

Start of optional sidetrip

Side trip to Douglas Creek waterfalls.



To start this sidetrip **bear left** (from Douglas Creek (waterway)) by heading south-east along the Douglas Creek Falls Track.



Then almost immediately this **sidetrip ends** at Douglas Creek (waterway). You will also find a waterfall here.

When you have finished this side trip, head back to the main route and turn sharp left to continue.



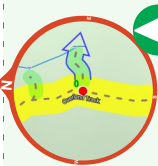
Then (at the 3-way intersection) **continue straight**, to stay on the Overland Track.



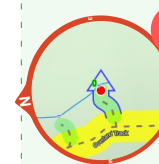
After another 50m, pass a waterfall (30m on the left).

Start of optional sidetrip

Side trip to upper Douglas Creek waterfalls.



To start this sidetrip **turn left** (from at the intersection of Douglas Creek Falls Track & Overland Track) by heading east along the Douglas Creek Falls Track.



Then almost immediately this **sidetrip ends** at Douglas Creek (waterway). You will also find a waterfall here.

When you have finished this side trip, head back to the main route and turn left to continue.



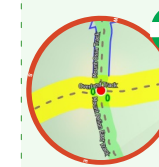
Then almost immediately (at the 3-way intersection) **continue straight**, to stay on the Overland Track.



After another 2.7km you will find the *Pelion Gap* lookout.

Start of optional sidetrip

Side trip to the top of Mt Ossa, Tasmania's highest peak. You will need 4-5 hours of daylight to the summit and return to Pelion Gap. Exposed rock scramble to reach the summit, very slippery in wet conditions, requires clear weather.



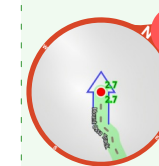
To start this sidetrip **turn right** (from Pelion Gap) by heading west along the Mount Ossa Track.



There is the *Pelion Gap* lookout, lookout at the start.

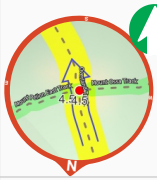


After another 2.7km, pass *Mount Ossa* a summit, a summit.



Then almost immediately this **sidetrip ends** at Mount Ossa.

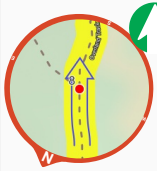
When you have finished this side trip, head back to the main route and bear right to continue.



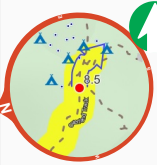
Then (at the 4-way intersection) **continue straight**, to stay on the Overland Track.



After another 1.5km, cross the wooden *Pinestone Valley Bridge*.



After another 2.1km, (at the 3-way intersection) **continue straight**, to stay on the Overland Track.

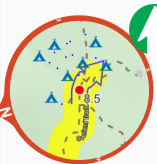


After another 20m, (at the 3-way intersection) **continue straight**, to stay on the Overland Track.

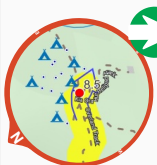


Then almost immediately you will find the *Kia Ora Hut Group Camping Platform* (20m on the left).

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Then almost immediately (at the 3-way intersection) **continue straight**, to stay on the Overland Track.



Then almost immediately (at the 3-way intersection, with Overland Track & Kia Ora Hut Helipad Track) **turn right**, to follow the Kia Ora Hut Helipad Track.



Then almost immediately you will find the *Kia Ora Hut Public Camping Platform* (5m on the left).

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Then almost immediately you will find the *Kia Ora Hut Public Camping Platform* (20m ahead).

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Then almost immediately you will find the *Kia Ora Hut Public Camping Platform* (20m on the left).

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Then almost immediately you will find the *Kia Ora Hut Public Camping Platform* (30m on the left).

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Then almost immediately you will find the *Kia Ora Hut Public Camping Platform* (30m ahead).

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Then almost immediately you will find the *Kia Ora Hut Public Camping Platform* (30m ahead).

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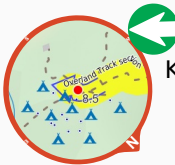
Then almost immediately you will find the *Kia Ora Hut Public Camping Platform* (40m on the left).

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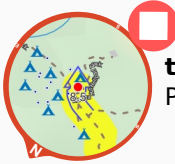


Then almost immediately you will find the *Kia Ora Hut Public Camping Platform* (40m on the left).

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Then (at the 3-way intersection, with Kia Ora Hut Helipad Track &) **turn left**.



Then almost immediately you come to **the end** at Kia Ora Hut Public Camping Platform.



Then almost immediately you will find the *Kia Ora Hut Public Camping Platform* (20m ahead).

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Then almost immediately you will find the *Kia Ora Hut Public Camping Platform* (40m on the left).

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You will also find a toilet, water tank, helipad and a waterfall here.