



Grange Beach to West Beach

1 h to 2 h



20 min to 45 min

1 h to 2 h 30 min



4.5 km
One way

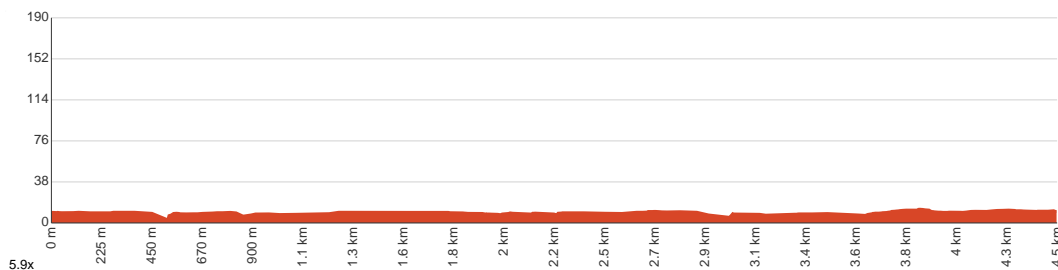
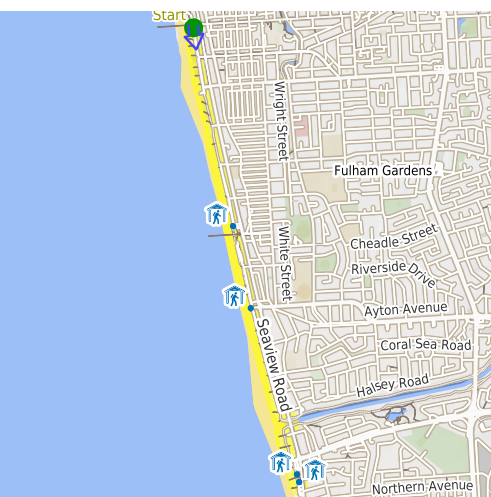


↑ 34 m
↓ 33 m



Smooth & flat

Starting from the car park off Esplanade, Grange, this walk takes you to West Beach from Grange Beach, passing by Henley Beach and crossing River Torrens Breakout Creek along the way. Relish the opportunity to appreciate the cool waters and stunning views of St Vincent Gulf as you walk alongside Henley Beach. West Beach features an off-leash dog beach near the boat ramp, providing 24/7 access for dog owners. You'll need to have your dog on a leash everywhere else on the track. Grange Beach is renowned for its awe-inspiring sunsets and is considered the most serene beach in Adelaide, offering heaps of shade. You'll find many restaurants along the way, allowing you to enjoy delicious meals while appreciating the beach atmosphere. The journey is also wheelchair accessible beside the beaches themselves. Heed the local signs, especially about dogs on beaches. Watch out for currents and rips. Let us begin by acknowledging the Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



Class 1 of 6 Smooth and hardened path	
Quality of track	Smooth and hardened path (1/6)
Gradient	Flat, no steps (1/6)
Signage	Clearly signposted (1/6)
Infrastructure	Generally useful facilities (such as fenced cliffs and seats) (1/6)
Experience Required	No experience required (1/6)
Weather	Weather generally has little impact on safety (1/6)

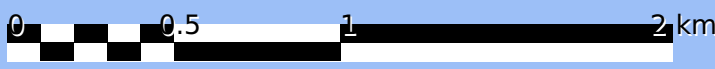
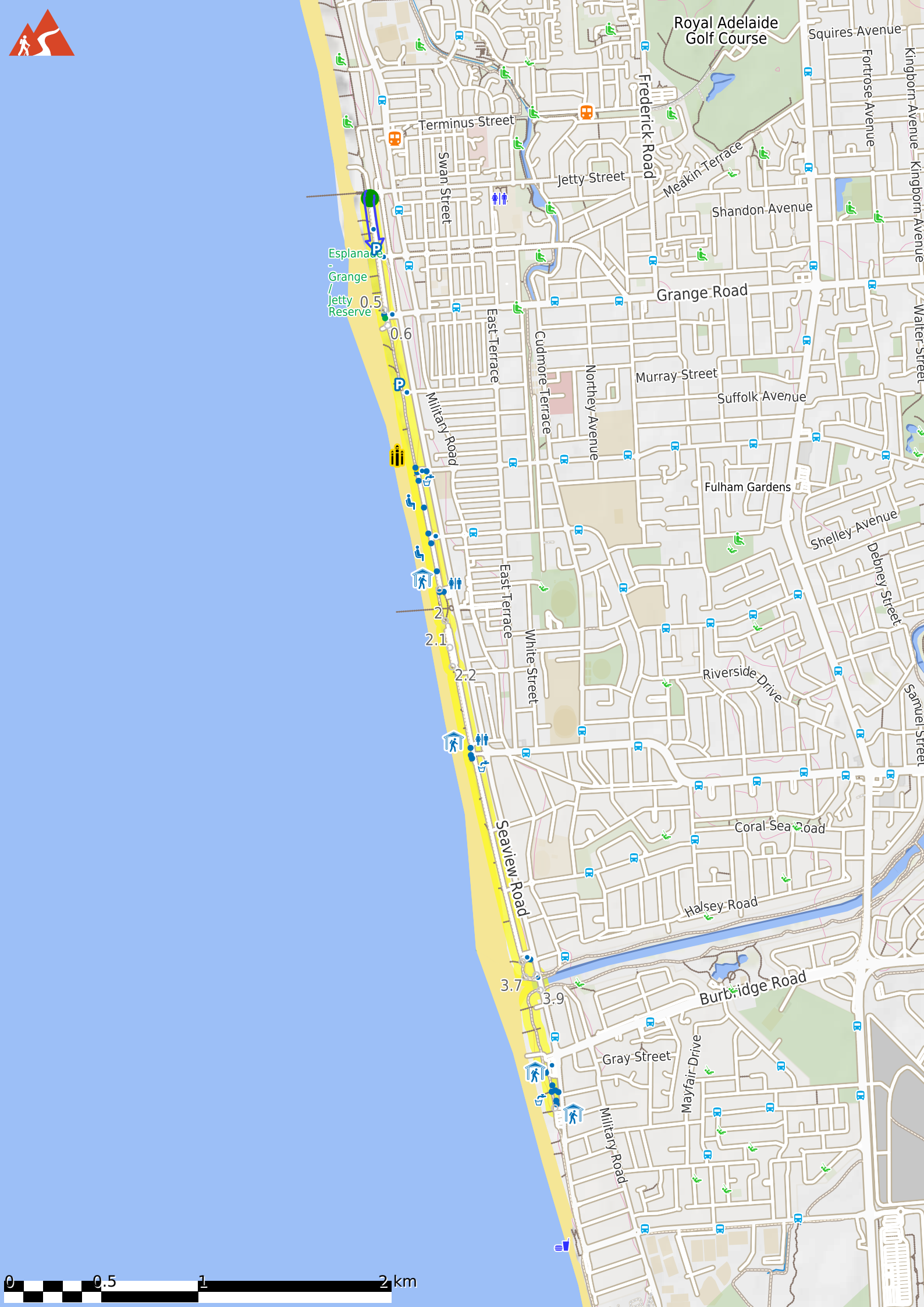
Getting to the start: From

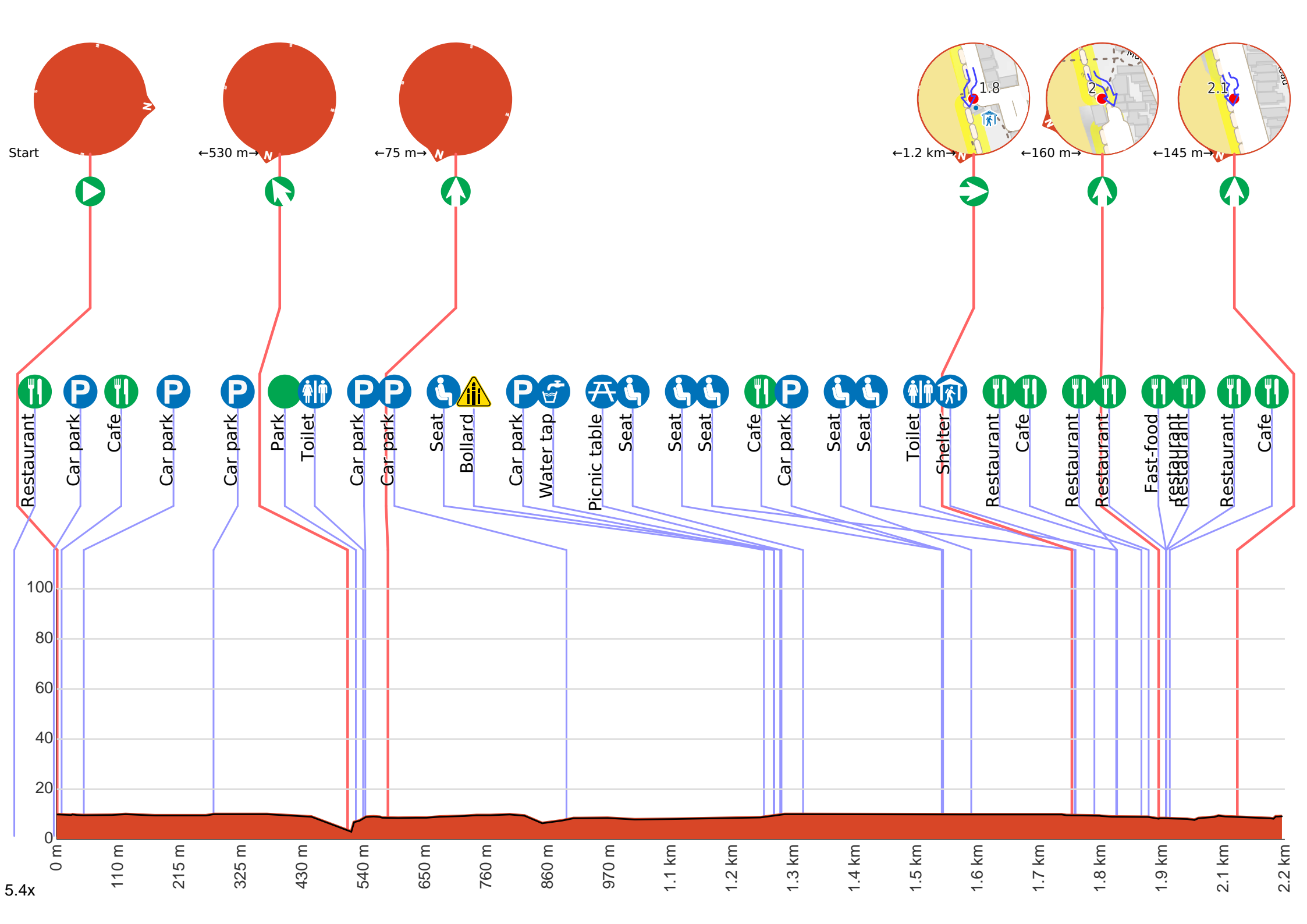
Before you start any journey ensure you;

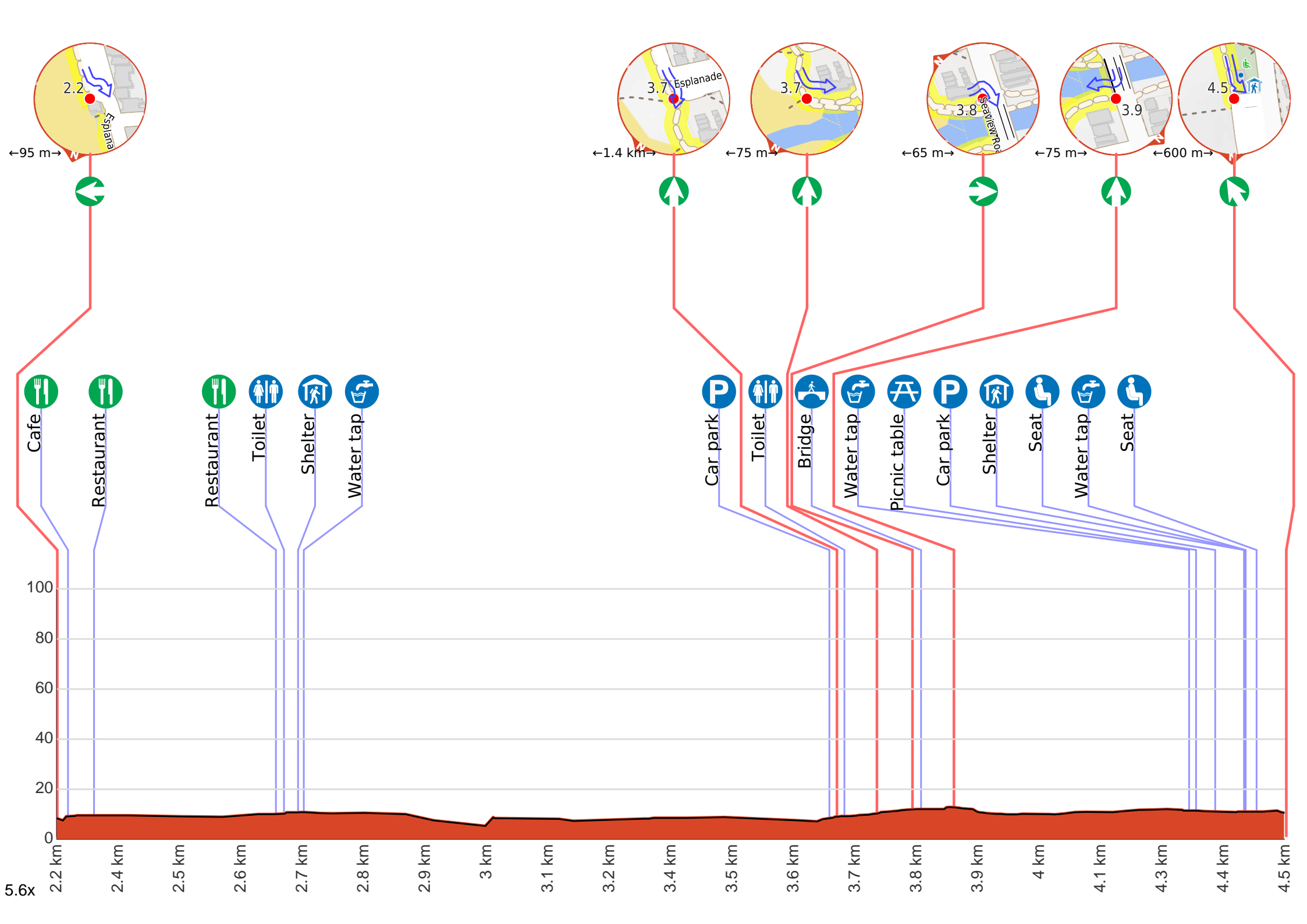
- Tell someone you trust where you are going and what to do if you are late returning
 - Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
 - Consider weather forecasts, park/track closures & fire dangers
 - Can respond to emergencies & call for help at any point
 - Are healthy and fit enough for this journey
- If not, change plans and stay safe. It is okay to delay and ask people for help.

Share
Bushwalk.com
[ij/SA5B8Z](https://www.bushwalk.com/ij/SA5B8Z)
















































Getting started: From the car park across Grange Jetty Cafe, cross the Esplanade and pass through the gap between the white concrete line that separates the cycleway and the road. Turn left when you get to the said cycleway. Shortly after, pass by the yellow & red bollard and continue moving in the same direction, keeping the road to your left and the ocean to your right. Stay on the paved track to continue along Grange Beach to West Beach Track.

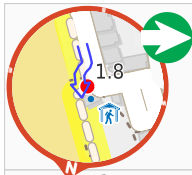
	From the Esplanade Start (a footpath).
	Wok On Water (about 80 m back from the start).
	There is a car park (about 6 m back from the start).
	Find the Grange Kiosk at the start. This cafe is wheelchair accessible.
	Turn left.
	After 45 m pass the car park (on your left).
	After another 75 m continue straight.
	After another 50 m continue straight.
	After another 90 m continue straight.
	After another 15 m continue straight.
	After another 8 m pass the car park (20 m on your left).
	After another 6 m continue straight.

	After another 80 m continue straight.
	After another 80 m continue straight.
	After another 75 m continue straight.

	After another 4 m veer left.
	After another 15 m pass the "Esplanade - Grange / Jetty Reserve" (on your right).
	After another 1 m continue straight.
	After another 10 m pass the toilet (10 m on your right).
	Then pass the car park (15 m on your left).
	After another 9 m continue straight.

	After another 35 m continue straight.
	After another 115 m continue straight.
	After another 105 m continue straight.
	After another 85 m continue straight.
	After another 10 m continue straight.
	Then pass the car park (6 m on your left).

	After another 160 m continue straight.
	After another 215 m pass a seat (on your right).
	After another 15 m head through the bollard.
	Then pass the car park (10 m on your left).
	After another 20 m pass the water tap (on your left).
	Continue straight.
	After another 20 m pass the picnic table (50 m on your left).
	Continue straight.
	After another 45 m pass a seat (on your left).
	After another 250 m pass a seat (on your left).
	After another 240 m pass a seat (on your right).
	Continue straight.
	After another 15 m pass the "303 By the Sea" (40 m on your left).
	Then pass the car park (10 m on your left).
	After another 50 m pass a seat (on your left).
	After another 265 m pass a seat (on your left).
	Continue straight.
	After another 15 m pass the toilet (20 m on your left).



Turn right.



After another 40 m pass the shelter (on your left).



After another 85 m pass the "Malobo" (55 m on your left).

W:www.malobo.com.au

Mo-Sa 06:30-23:55+

Su 06:30-15:00



After another 15 m pass the "Hermanos Cubanos" (65 m on your left).



Continue straight.



After another 6 m pass the "Stella" (40 m on your left).

W:www.stellarestaurant.com.au T:+61 8 8356 4315



After another 15 m **continue straight.**



After another 20 m **continue straight.**



After another 40 m **continue straight.**



After another 15 m pass the "The Thai Orchid" (35 m on your left).

W:www.thaiorchidrestaurant.com.au



Then pass the "Copenhagen" (45 m on your left).



Then pass the "Zambrero" (about 55 m ahead).

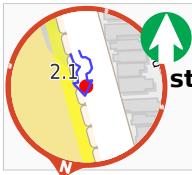


Then pass the "Estia" (60 m on your left).

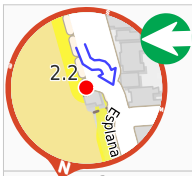
W:www.estia.com.au



After another 7 m pass the "Cibo" (5 m on your left).



After another 125 m **continue straight.**



After another 95 m **turn left.**



After another 20 m pass the "Joe's Kiosk" (on your right).



After another 15 m **continue straight.**



After another 30 m pass the "Secrets by the Sea" (25 m on your left).



After another 65 m **continue straight.**



After another 95 m **continue straight.**



After another 75 m **continue straight.**



After another 95 m pass the "The Henley Bistro" (20 m on your left).



After another 15 m pass the toilet (on your right).



After another 5 m **continue straight.**



After another 20 m pass the shelter (on your right).



After another 1 m **continue straight.**



After another 7 m **continue straight.**



Then pass the water tap (on your right).



After another 55 m **continue straight.**



After another 60 m **continue straight.**



After another 75 m **continue straight.**



After another 145 m **continue straight.**



After another 15 m **continue straight.**



After another 3 m **continue straight.**



After another 145 m **continue straight.**



After another 130 m **continue straight.**



After another 9 m **continue straight.**



After another 5 m **continue straight.**



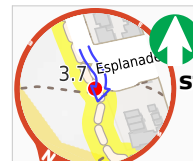
After another 130 m **continue straight.**



After another 170 m **continue straight.**



After another 15 m pass the car park (9 m on your left).



After another 15 m **continue straight.**



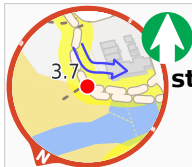
After another 3 m **continue straight.**



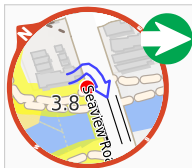
After another 10 m pass the toilet (35 m on your left).



Continue straight.



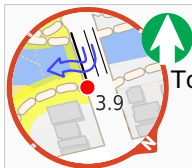
After another 65 m **continue straight.**



After another 65 m **turn right.**



After another 15 m cross the bridge (about 50 m long)



After another 10 m (from the River Torrens Linear Park) **continue straight.**



After another 125 m **continue straight.**



After another 105 m **continue straight.**



After another 115 m **continue straight.**



After another 80 m **continue straight.**



Then pass the water tap (6 m on your right).



After another 15 m pass the picnic table (6 m on your right).



After another 35 m pass the car park (on your left).



After another 50 m pass the shelter (7 m on your left).



Continue straight.



Then pass a seat (20 m on your left).



Then pass the water tap (on your right).



Continue straight.



After another 20 m pass a seat (30 m on your left).



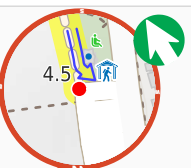
After another 55 m come to a shelter.



Then pass the playground (4 m on your left).



After another 25 m come to a seat.



Veer left.



After another 6 m come to the end.