



# Elvina Bay Circuit

 1 h 45 min to 2 h 30 min

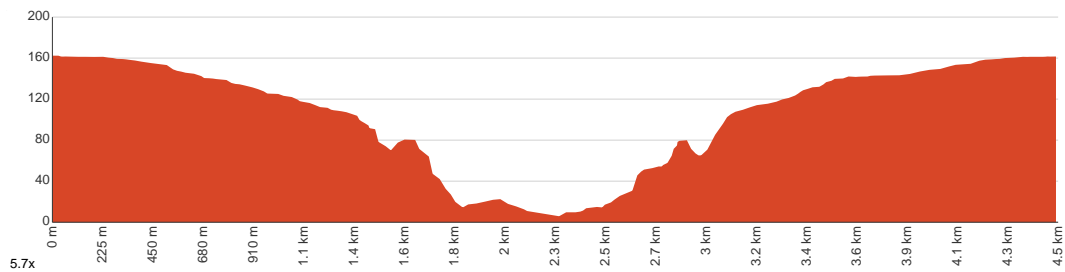
  
4.5 km  
Circuit

  
↑ 192 m  
↓ 192 m

  
4  
Hard track



This walk takes you down to an isolated waterside community, where you can amble along, looking at homes and a historic Grave Site. From Elvina Track Car Park, the vegetation changes from scrubby bush to she oak and large eucalyptus as you descend to the waters edge. The walking is mostly along a management trail, however the return trip follows a narrow track. Side trips include an aboriginal engraving site, a 25m waterfall and a few other view points. Please remember you are visiting a small community please respect the privacy of the local people. Let us begin by acknowledging the Traditional Custodians of the land on which we travel today, and pay our respects to their Elders past and present.



Class 4 of 6 Rough track, where fallen trees and other obstacles are likely	
<b>Quality of track</b>	Rough track, where fallen trees and other obstacles are likely (4/6)
<b>Gradient</b>	Short steep hills (3/6)
<b>Signage</b>	Minimal directional signs (4/6)
<b>Infrastructure</b>	Limited facilities (such as cliffs not fenced, significant creeks not bridged) (4/6)
<b>Experience Required</b>	Moderate level of bushwalking experience recommended (4/6)
<b>Weather</b>	Weather generally has little impact on safety (1/6)

**Getting to the start:** From Mona Vale Road, A3, Terrey Hills.

- Turn on to then drive for 30 m
- Turn slight left onto McCarrs Creek Road and drive for another 25 m
- At roundabout, take exit 2 onto McCarrs Creek Road and drive for another 5 km
- Turn left onto West Head Road and drive for another 350 m
- Turn slight left onto West Head Road and drive for another 2.4 km
- Turn sharp right and drive for another 5 m

## Before you start any journey ensure you;

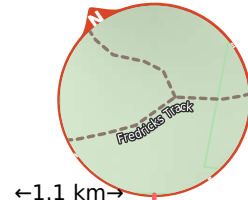
- Tell someone you trust where you are going and what to do if you are late returning
- Have adequate equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures & fire dangers
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

If not, change plans and stay safe. It is okay to delay and ask people for help.

Share  
[Bushwalk.com](https://bushwalk.com/j/3ZCV93)  
[/j/3ZCV93](https://bushwalk.com/j/3ZCV93)







←190 m→

←130 m→

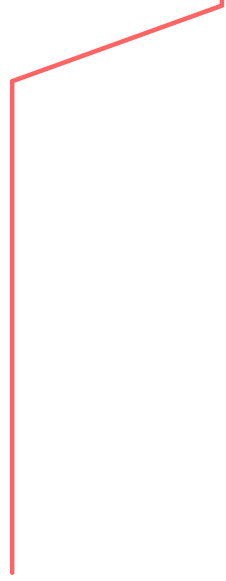
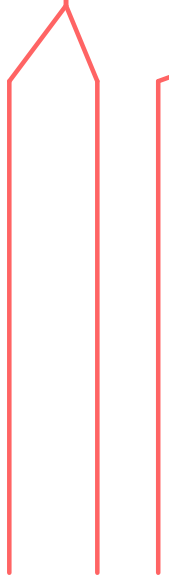
←1.1 km→



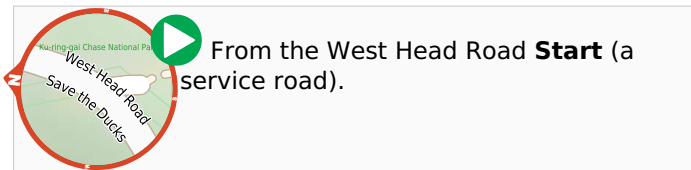
Lookout



Historical

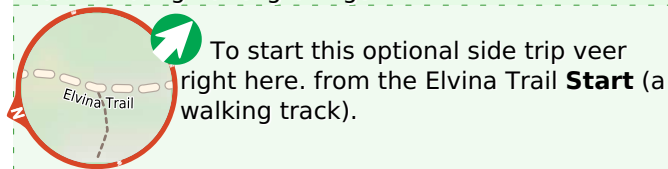


**Getting started:** From Elvina Track car park (on West Head Rd, 1.3km north of General San Martin Dr), this walk follows the management trail around the 'Elvina Track' locked gate, then past the 'Elvina Track' map sign (on the left). This walk continues along the management trail tending right through the scrubby bush. About 70m after leaving the locked gate, the walk comes to an intersection with a narrow track (on your right).



From the West Head Road **Start** (a service road).

**Start of an optional side trip:** An optional side trip to the Aboriginal engravings.

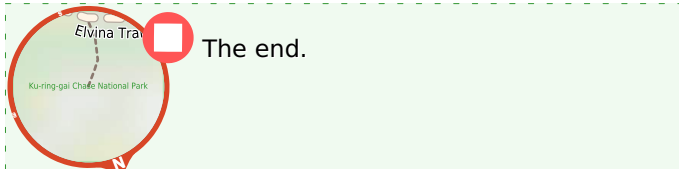


To start this optional side trip veer right here. from the Elvina Trail **Start** (a walking track).

After another 75 m come to "Aboriginal Engraving Rock Platform".

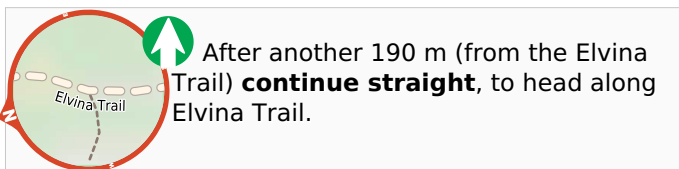


On the northern end of the rock platform are rock carvings of an emu, large fish and a giant whale. Further to the south, the rock platform contains rock carvings of shields, wallabies, fish, eels, and other shapes that are not easily classified. The entire rock platform appears to have a rare erosional feature called tessellation. This occurs over many thousands of years, resulting in a rock surface that is eroding at different rates, creating divot holes and depressions.

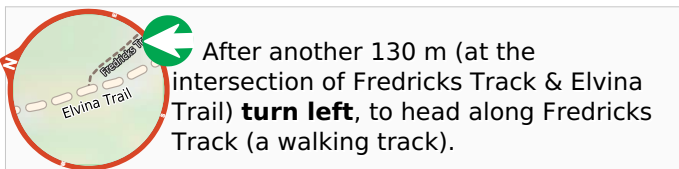


The end.

- Turn around and retrace your steps back the 75 m to the main route.
- Back at the main route turn right and follow on from the 190 m waypoint.
- Back at the main route veer left and follow on from the 4.3 km waypoint.

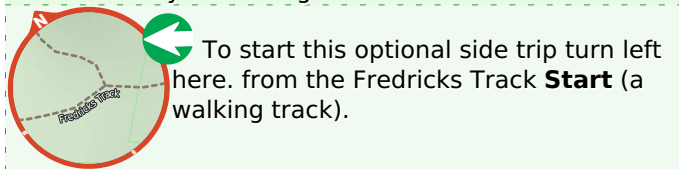


After another 190 m (from the Elvina Trail) **continue straight**, to head along Elvina Trail.



After another 130 m (at the intersection of Fredricks Track & Elvina Trail) **turn left**, to head along Fredricks Track (a walking track).

**Start of an optional side trip:** An optional side trip to Lovett Bay swimming hole.

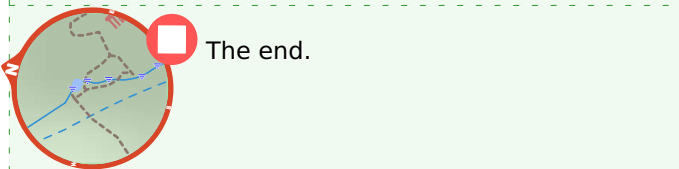


To start this optional side trip turn left here. from the Fredricks Track **Start** (a walking track).



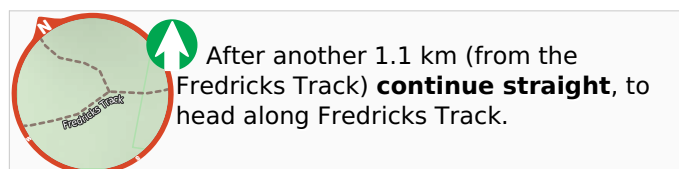
After another 175 m come to "Lovett Pools".

Lovett Pools is the informal name for a lovely set of water holes and cascades at the top of a cliff, above Lovett Bay. The unnamed creek works its way along a sandstone platform forming a couple of larger pools and a series of cascades. There are also many smaller carved holes in the rock, adding interest for the budding geologists. The creek flows over a large cliff forming a tall waterfall just before the Pittwater. The rocks are slippery and there are many cliff edges, please take care.



The end.

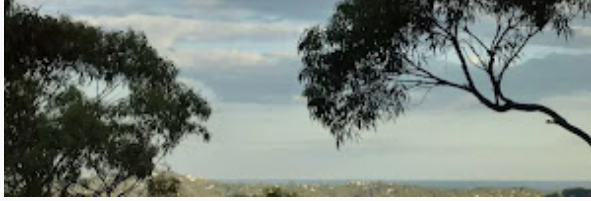
- Turn around and retrace your steps back the 175 m to the main route.
- Back at the main route turn sharp left and follow on from the 1.4 km waypoint.



After another 1.1 km (from the Fredricks Track) **continue straight**, to head along Fredricks Track.



After another 270 m find the "Lovetts Bay Viewpoint" (4 m on your right).



This unfenced viewpoint offers fabulous views of much of the Pittwater and surrounding area, including Lovetts Bay to the north, Scotland Island to the east and Bayview to the south. There are significant steep drops and a large chasm at the viewpoint - care should be taken.

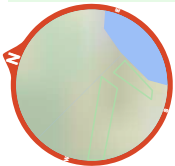


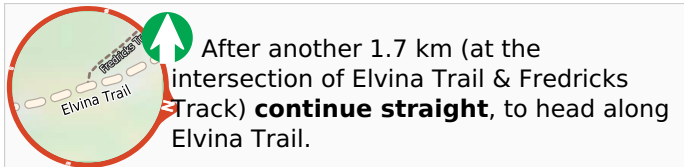
After another 145 m find the "Fredericks Grave" (20 m on your right).



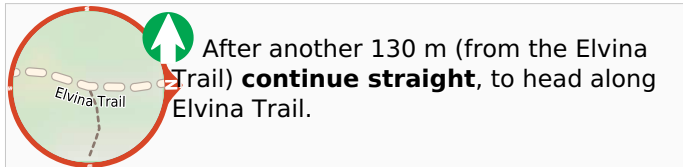
Frederick's Grave is the grave site of Frederick Oliver. This grave site consists of a sandstone head stone and foot stone. The Olivers made their home in the area, cutting valuable timber and establishing an orchard. This grave of one of their children, Frederick, who was accidentally killed in 1867.

**Start of an optional side trip:** An optional side trip to Waterfall.



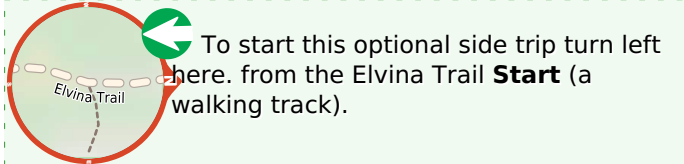


After another 1.7 km (at the intersection of Elvina Trail & Fredricks Track) **continue straight**, to head along Elvina Trail.

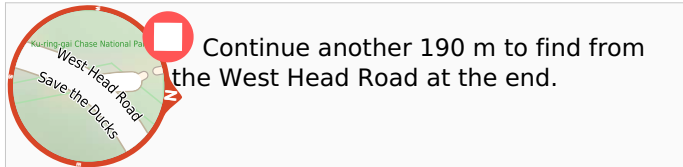


After another 130 m (from the Elvina Trail) **continue straight**, to head along Elvina Trail.

**Start of an optional side trip:** An optional side trip to the Aboriginal engravings.



To start this optional side trip turn left here. from the Elvina Trail **Start** (a walking track).

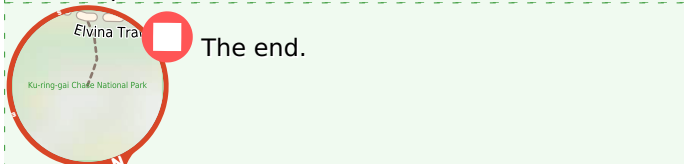


Continue another 190 m to find from the West Head Road at the end.

After another 75 m come to "Aboriginal Engraving Rock Platform".



On the northern end of the rock platform are rock carvings of an emu, large fish and a giant whale. Further to the south, the rock platform contains rock carvings of shields, wallabies, fish, eels, and other shapes that are not easily classified. The entire rock platform appears to have a rare erosional feature called tessellation. This occurs over many thousands of years, resulting in a rock surface that is eroding at different rates, creating divot holes and depressions.



The end.

Turn around and retrace your steps back the 75 m to the main route.

Back at the main route turn right and follow on from the 190 m waypoint.

Back at the main route veer left and follow on from the 4.3 km waypoint.