



Cascades Walk

Dharawal country

 45 mins to 1 hr 15 mins

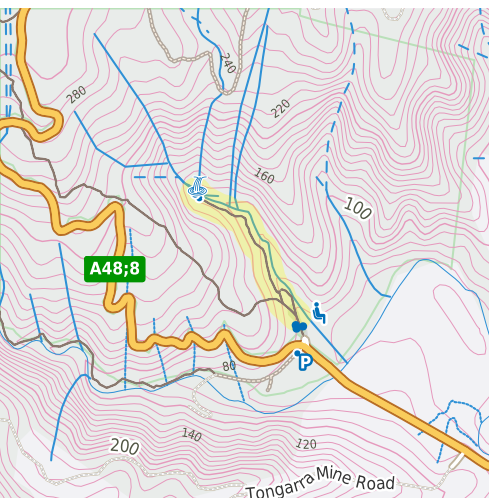
 1.6km
return



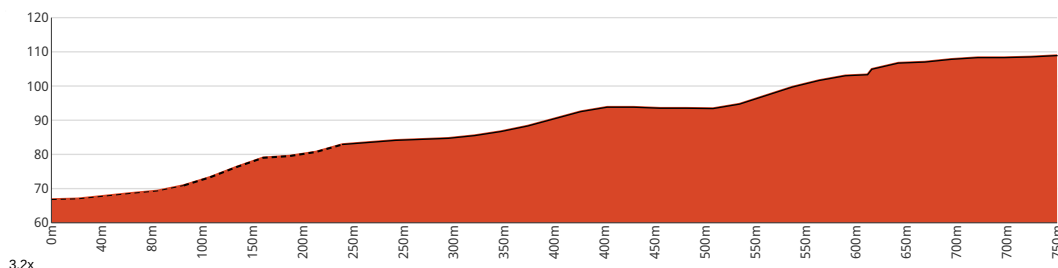
↑ 43m
↓ 43m



Moderate track



This stroll of a walk in Macquarie Pass National Park will take you from the Cascades picnic area through a rainforest all the way to the waterfall and the pool.



Class: 3/6, Moderate track

Quality of track	Formed track, with some branches and other obstacles (3/6)
Gradient	Gentle hills with occasional steps (2/6)
Signage	Clearly signposted (2/6)
Infrastructure	Limited facilities, not all cliffs are fenced (3/6)
Experience Required	No experience required (2/6)
Weather	Storms may impact on navigation and safety (3/6)

Getting there : From , Albion Park Rail, head north-east along Croome Lane;

- After 100m, turn slight left on to Princes Highway Albion Park Rail.
- After another 50m, continue straight along Princes Highway Albion Park Rail.
- After another 1.9km, turn right on to Station Road Albion Park Rail.
- After another 750m, (at the end of Station Road) turn right on to Tongarra Road Albion Park Rail.
- After another 2.3km, continue straight along Illawarra Highway Albion Park.
- After another 1.4km, turn slight left on to Illawarra Highway Tullimbar.
- After another 20m, continue straight along Illawarra Highway Tullimbar.
- After another 450m, turn slight left on to Illawarra Highway Tullimbar.
- After another 20m, continue straight along Illawarra Highway Tullimbar.
- After another 7.1km, turn right on to Macquarie Pass.
- After another 30m, come to the trackhead on Macquarie Pass.

Before you start ensure you;

- Tell someone you trust where you are going and what to do if you are late returning
- Have the equipment, supplies, skills & knowledge to undertake this journey safely
- Consider weather forecasts, park/track closures, fire dangers and foreseeable risks
- Can respond to emergencies & call for help at any point
- Are healthy and fit enough for this journey

If not, postpone or change plans and stay safe. Ask people for help.

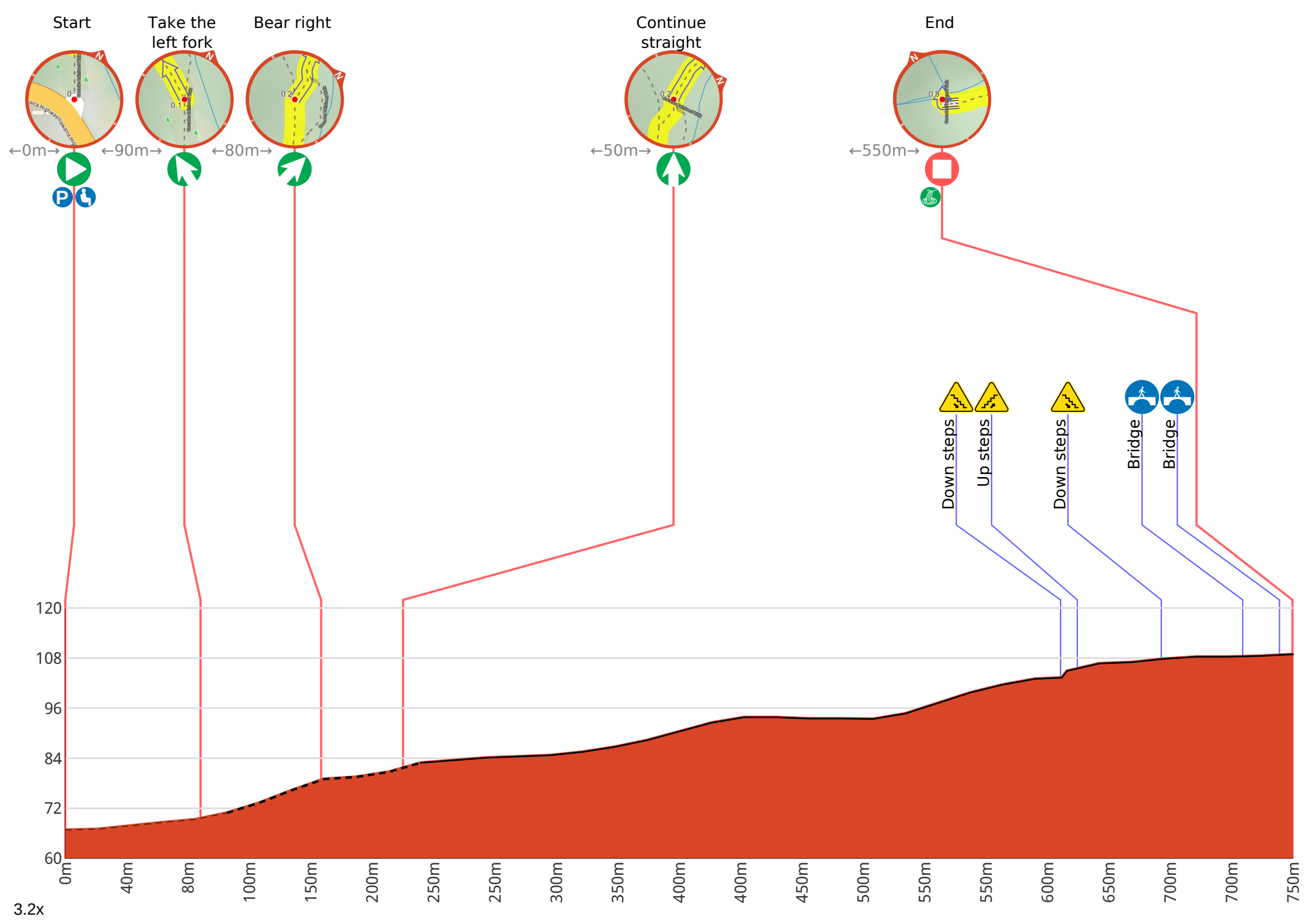
Bushwalking can be fun, but it is also inherently dangerous. The information provided here is general in nature and does not account for your specific circumstances. It is your responsibility to evaluate your situation, prepare appropriately, and manage any risks, errors, omissions, or unforeseen challenges. The authors and publishers accept no responsibility or liability for any inconvenience, loss, or injury arising from the use of this information.

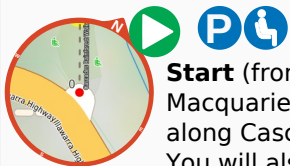
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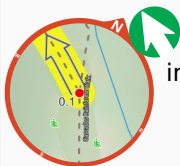








Start (from Illawarra Escarpment, Macquarie Pass) by heading north-west along Cascades Rainforest Walk. You will also find a parking area and a seat here.



After another 20m, (at the 3-way intersection) **take the left fork**.



After another 80m, (at the 3-way intersection) **bear right**.



After another 50m, (at the 3-way intersection, with & Cascades Rainforest Walk) **continue straight**, to follow Cascades Rainforest Walk.



After another 400m, head down the steps.



Then almost immediately head up the steps.



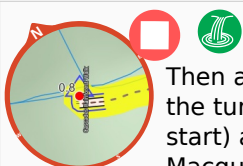
After another 50m, head down the steps.



After another 50m, cross the metal bridge.



After another 20m, cross the metal bridge.



Then almost immediately you will be at the turn-around point (to return to the start) at Illawarra Escarpment, Macquarie Pass. There is a waterfall here.